

THE LANGUAGE OF SENSATION

achy
airy
alive
bloated
blocked
breathless
brittle
bubbly
burning
buzzy
chilled
clammy
closed
cold
congested
constricted
constricted breath
contracted
cool
cozy
crampy
damp
dense
dizzy
dull
elastic
electric
empty
energized
expanding
faint
flaccid
fluid
flushed
flutter
frantic

frozen
full
furry
goose bumpy
gurgling
hard
heavy
hot
icy
intense
itchy
jagged
jittery
jumbly
jumpy
knotted
light
loose
moist
moving
nauseous
numb
open
paralyzed
pounding
pressure
prickly
puffy
pulled
pulsing
quaking
quiet
quivering
radiating
ragged
raw

rolling
shaky
sharp
shimmering
shivery
shudder
silky
smooth
soft
spacious
spacious breathing
spasming
spinning
sticky
still
stretchy
stringy
strong
suffocating
sweaty
tender
tense
thick
throbbing
tickly
tight
tightness of skin
tingling
trembly
tremulous
twitchy
vibration
warm
wobbly